Stoughton Resources for Individuals Living with Memory Loss & their Care Partners



STOUGHTON AREA SENIOR CENTER

Stoughton Area Senior Center is a resource for seniors in our community and a place for educational opportunities including support groups for caregivers. Case managers are on staff who can help families that need more direct assistance. 248 W. Main St., Stoughton, 608-873-8585; stoughtonseniorcenter.com

STOUGHTON PUBLIC LIBRARY

The Stoughton Public Library maintains a variety of reading material about Alzheimer's Disease and other related neuro-cognitive diseases. 608-873-6281; www.stoughtonpubliclibrary.org

STOUGHTON HOSPITAL

Stoughton Hospital provides educational programming for caregivers and people living with memory loss as well as general healthy living programs. 608-873-6611; www.stoughtonhealth.com

STOUGHTON MEMORY CAFÉ

The Stoughton Memory Café meets on the 1st Tuesday of each month from 9:30am to 11am at the Stoughton Hospital's Bryant Center. It is a social gathering for those with memory loss and their care partners. Call Katy Jennings at 608-873-2242 for more info.

AGING & DISABILITY RESOURCE CENTER OF DANE COUNTY

The ADRC of Dane County, located in Madison, has staff available to help with any aging or disability related issue. Staff include Elder Benefits Specialists and a Dementia Specialist. 608-240-7400; www.daneadrc.org

ALZHEIMER'S & DEMENTIA ALLIANCE OF WISCONSIN

The Alzheimer's & Dementia Alliance of Wisconsin is a statewide resource for anyone affected by Alzheimer's or other dementias. They offer personal consultations, educational opportunities, access to resources and advocacy. 608-232-3400; www.alzwisc.org

ALZHEIMER'S ASSOCIATION, SOUTH CENTRAL WISCONSIN

The Alzheimer's Association is a nationwide resource for anyone affected by Alzheimer's and their care partners. Their work includes providing care and support for all affected and reducing the risk of dementia through the promotion of brain health. 608-203-8500; www.alz.org; 24 hour helpline 1-800-272-3900