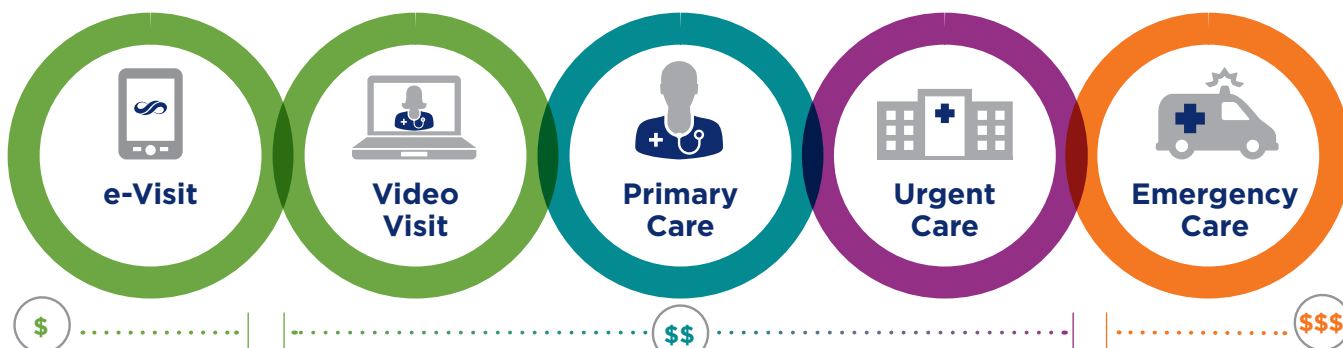# Find the Right Care

For Your Needs

Knowing your care options before you need them saves you time and money.

■ SSM Health Express Virtual Care

SSM Health Express Virtual Care offers two convenient and affordable options for patients to access non-emergent care via smart phone or computer without scheduling an appointment. These services are available to everyone, whether or not they are an established SSM Health patient.

e-Visit — $

Video Visit

Primary Care — $$

Urgent Care

Emergency Care — $$$

Too sick to drive to the doctor?

Fill out an online questionnaire, receive a written diagnosis, treatment, and a prescription.

Cold/flu, allergies, lice, etc.

Prefer a face-to-face conversation?

Start a video visit and quickly connect with a SSM Health provider. No appointment necessary.

Abnormal headaches, earaches, chronic conditions, etc.

Wish to see your doctor for care?

Schedule an appointment at your primary care clinic. Same-day appointments are usually available.

In-person treatments and annual checkups.

Primary care clinic full or closed?

Visit your nearest Urgent Care facility.

When your normal clinic is full or closed.

Life-threatening illness or injury?

Go to the nearest emergency room or call 911.

Heart attack, stroke, head injury, severe pain.

Still not sure of the type of care you need?

Call the 24-Hour Nurse Advice Line at 833-925-0398.

A nurse is ready to help 24/7/365.

All care subject to copay and deductible if filed with insurance.

We are here to help

Visit **deancare.com/rightcare**
or scan this QR code to start your visit

DeanHealthPlan®
A member of SSM Health