

## HDL Cholesterol

<b>Synonyms</b>	Cholesterol HDL
<b>Abbreviation</b>	HDL
<b>Specimen type</b>	<b>Preferred:</b> Plasma <b>Acceptable:</b> Serum
<b>Container</b>	Green (PST) Red, Red/Yellow (SST)
<b>Volume</b>	1.0 mL Minimum: 0.5 mL
<b>Collection requirements</b>	Fasting specimen required (12 - 14hrs). Avoid hemolysis
<b>S/H instructions</b>	
<b>Stability</b>	Centrifuged: 2 days at room temp 7 days refrigerated 3 months frozen
<b>Reference range</b>	40 – 60 mg/dL is desirable
<b>Routine / STAT T.A.T</b>	Within 4 hours / 1 hour
<b>Section</b>	Chemistry
<b>LAB code</b>	01335