



From Judeen Reese, President

*Top o' the mornin' to ye Lads and Lassies
and the rest of the day to 'me self!*

Are ye Irish perchance? If ye aren't – not to worry because the Irish believe “Everyone is a little Irish on Saint Patrick's Day”.



St. Patrick's Day is celebrated each year on March 17, not only in Ireland but throughout the world by Irish and non-Irish alike. St. Paddy's Day is known for parades, ancestry, traditions, shamrocks, leprechauns and the “wearin' o' the green”. A pint of green beer is a given. However, there are also green milkshakes (thank ye McDonalds!), green desserts, and of course, corned beef & cabbage and Irish Stew.

Did ye know?

The real St. Patrick wasn't even Irish. He was born in Britain around A.D. 390.

Wearing green is believed to make one invisible to leprechauns who would pinch anyone they could see. However, the color traditionally associated with St. Patrick was blue.

The shamrock was considered a sacred plant in ancient Ireland because it symbolized the re-birth of spring.

The song “Danny Boy” was written by an Englishman and “When Irish Eyes are Smiling” was written by two Americans.

Irish-Americans are the largest ethnic group in Chicago which is why the city dyes a portion of the **Chicago River** green as a tribute to St. Patrick's Day.

There are more than 10 times as many Irish living in North America than in Ireland.

The **Luck of the Irish** isn't luck at all, but more of an attitude; a positive look at a bad situation.

It is a peculiar phrase that may have multiple meanings. Some suggest it simply means that the Irish are extremely lucky and seem to be able to land on their feet whenever a bad circumstance occurs.

Ye might ask: How can the Irish support Partners of Stoughton Hospital? **March Matchness** is on-going! Donate to this awesome cause and spread the word to others. Partners will be matching donations up to \$10,000. See additional details in this newsletter. **Gotta love the Irish!!**



Kelly Bookins has joined Partners of Stoughton Hospital. Welcome, Kelly!!

2024 Partners of Stoughton Hospital Pansy Sale

All Sales are Pre-Order and Pre-Pay
\$12 Each



Name: _____

Email: _____

Phone: _____

Pansy Quantity: _____ Amount Due: _____

Please make checks payable to Partners of Stoughton Hospital.

Mail this form with payment by Thursday, April 4th to:

Becky Greiber
713 Kriedeman Drive
Stoughton, WI 53589

Or order online with your credit card at
<https://stoughtonhealth.com/partners-of-stoughton-hospital/pansy-sale/>

Questions about your order?
Please contact Becky at (608) 575-7796 or beckygreiber@gmail.com



Contact-Free Drive-Through Pick-up

Thursday, April 11th from 3 to 5 p.m.
Stoughton Health
Community Health & Wellness Center
3162 County Road B, Stoughton
(Please take Page Street or Highway N to County Road B to avoid traffic.)

Thank you for supporting Partners of Stoughton Hospital!



Medical Outpatient Building Update



Work continues on the Medical Outpatient Building and with all the pleasant weather we've been having, progress is moving along nicely! If you'd like more details about the building and tremendous benefit to the community, please call Laura Mays at 873-2328 or join her for a coffee.



If you are interested in donating to this effort, please call the Foundation office at (608) 873-2334 or go to the website at stoughtonhealth.com/stoughton-hospital-foundation.

Community Health & Wellness Center

Stoughton Health's Community Health & Wellness Center, located at 3162 County Road B, is a hub for health and wellness information, health screenings, and classes.

Health Screenings are offered at a very low cost which not only gives you valuable information regarding your health (cholesterol, blood pressure, blood glucose, and more) but includes personalized coaching on how to improve your results.



Our staff is here to help you.

The Foot Clinic has recently expanded its hours to be open Tuesday through Thursday. In a 30-minute appointment one will receive a foot inspection, toenail trimming, foot massage, and proper foot care education.

Classes range from ongoing fitness classes (balance, Strong Bodies, and Parkinson's Exercise class), to talks like Medicare 101, to learning the life-saving skill of COCPR (Compression Only CPR). If you have topics you are interested in learning more about, reach out to Kelly, Community Education Coordinator, to share your ideas at 608-877-3498.

To schedule a screening or foot clinic appointment call 608-873-2332.



Do you love Euchre or Bridge? Partners of Stoughton Hospital will sponsor a community card party on **Thursday, April 18, 2024, from 1:00 to 3:00pm** at Christ Lutheran Church located at 700 Co. Hwy. B, Stoughton.

For \$10.00 per person, you will be served only the best part of lunch - DESSERT. If you have a group of 4 players - great! If not we will help team you up with others just looking to play and have a good time.

Tickets are available at the door. In addition, you may purchase tickets for several drawings at \$1 each or six for \$5.00. Remember all proceeds go to support Stoughton Health.

Partner members are asked to donate an item to be used for the drawings.

Items can be taken to the gift shop any time, or taken to the church the day of the card party.

March Matchness!!

This is a SLAM DUNK! Make a donation and YOUR DONATION will automatically be matched! Stoughton Hospital Foundation is hosting a March Matchness fundraiser from March 19th-April 8th. The Partners of Stoughton Hospital are challenging you on this event by doubling the fun and matching all donations made up to a total of \$10,000. All donations to this fundraiser will go toward the construction of the 56,000 sq. ft. Stoughton Health Medical Outpatient Building which will be home to Specialty Clinics, Stoughton Rehabilitation Services and Cardiac Rehab. Again by giving to the Foundation March 19th-April 8th, all donations will be MATCHED. To participate, go to: <https://stoughtonhealth.com/stoughton-hospital-foundation/> or send a check to Stoughton Hospital Foundation, 900 Ridge Street, Stoughton 53589. THANK YOU PARTNERS of Stoughton Hospital and please share with your family, neighbors and friends!

Gift Shop Update



We have many new items on display in the gift shop. We are ready for Spring.

We have bunnies and eggs. We have butterflies and daffodils and lots of special things for you.

Hurry In!!



The Wisconsin Hospital Association (WHA) Advocacy Day will be held on

March 20, 8:00 AM -3:30 PM at the Monona Terrace and the State Capital Building. Online Registration Required.

8:00 a.m. - Registration and continental breakfast

9:00 a.m. - Welcome and Program with keynote address by Rich Pollack, President/CEO American Hospital Assoc.

10:00 a.m. - Bipartisan Legislative Panel

11:45 a.m. - Lunch with comments from Governor Evers (invited)

1:00 p.m. - Legislative Issues to discuss with Legislators at the Capitol (Optional, must register)

2:15 p.m. - Legislator visits (Optional, must register)

Typically, 1,000 hospital advocates attend this event to be educated and motivated about current health care-related issues. Hospital volunteers are encouraged to attend this free event and become involved in grassroots advocacy for Stoughton Health. For additional information and registration go to www.wha.org You may also contact Sharon Beall at 1-217-663-8594 for more information.



The Stoughton Police Department has reported that sharps, needles, syringes, lancets and vaping products are being found in the Medication Drop Boxes. These items are hazardous and are NOT to be left in the boxes at any time.

Safe disposal of prescription and over-the-counter medications can be deposited in the drop boxes 24 hours per day. Tablets, liquids, medicated inhalers, drops and salves are acceptable. The medication drop boxes are located at the Stoughton Police Department 421 South Fourth Street.

Disposal of sharps and needles occurs twice a year at the Stoughton Fire Department during the drive-through Medication Disposal Drop-Off. **The Spring event is scheduled for Saturday, April 27, from 9:00 to 11:00 a.m.**

Have You Retired From Stoughton Hospital?

Mark Your Calendars and SAVE THE DATE! The Stoughton Hospital Foundation will be hosting the Annual Retiree Luncheon on April 30th. If you are a retiree of Stoughton Health, please add a hold to your calendar for April 30th 11-2 pm, and watch for an invitation and more details to be mailed late March.

Hosted by
 Partners of WHA Southern District

Spring Meeting

Wednesday, April 3rd

Registration Starts at 9 am
Beloit Memorial Hospital Auditorium
1969 W. Hart Rd., Beloit

Cost Per Person \$25
(Includes Lunch)

Please register by March 15th



We are looking for Partners to represent our Stoughton Group at this meeting. If you are available, please contact Sharon Beall, smbell1@yahoo.com to register.

Word of the day:

HURKLE-DURKLE

A 200 year old Scottish term meaning to lounge in bed long after it's time to get up.

"Happiness is hurkle-durkling."



- March 6** - Partners Monthly Board Meeting, 9:00 AM, CHWC
- March 12** - Beginner's Guide to Fitness
- March 18** - Gift Shop Committee Meeting
- March 18** - Kula Yoga: Spring Cleaning
- March 20** - Advocacy Day
- March 27** - Dementia Talk: Healthy Living for Your Body
- March 27** - Free Memory Screening
- April 3** - Partners Monthly Board Meeting, 9:00 AM, CHWC
- April 3** - Southern District Meeting in Beloit
- April 4** - Pansy orders due
- April 11** - Pick up Pansies, CHWC, 3:00-5:00 PM
- April 18** - Partners Community Card Party
- April 24** - Volunteer Recognition, Christ Lutheran Church, 10:00 AM
- April 27** - Med Drop, Fire station, 9-11 AM
- May 1** - Partners Monthly Board Meeting, 9:00 AM, CHWC
- May 2** - Geranium orders due
- May 9** - Pick up Geraniums, CHWC, Time TBD

For more information about classes and events go to <https://stoughtonhealth.com/events/>