

Partners of Stoughton Hospital

October 2026 Newsletter

A MESSAGE FROM BRENDA
KLITZKE, PRESIDENT



Officers: Vicky Goplen-Asst. Secretary, Brenda Klitzke-President, Jeanne Gilbertson-Assistant Treasurer, Jan Walker-Treasurer, Deb Ready-Secretary, Lori Moe-Kittelsohn-Vice President



I've Got An Apple For You!

Meet me in the Bryant Center in the Stoughton Health North Building, Friday morning, October 23 for our annual meeting, where you can get your flu shot from 9:00 to 10:00 am. Leave your broom at the door when you register and renew your membership by paying your \$10 annual dues, if you haven't already. Then come inside. Gather with witches and warlocks. There will be treats and potions for you ...and a very special apple.

Our meeting will begin promptly at 10:00 AM. You'll be spellbound by hospital updates, learn about the magical work of the powerful Partners of Stoughton Hospital, review our accomplishments and hear about upcoming events that are floating in the air. We will elect officers for the coming year, all while you sip on elixir and nibble on morsels thought to have enchanted properties.

*Let the spirit move you at the Partners of Stoughton
Hospital Annual Meeting.*

Protect yourself against the flu bugs. Vaccinations will be available from 9:00 to 10:00 AM prior to the start of our annual meeting. Please bring your insurance card and your Medicare card. If you would like to reserve a time, go to [Partners Flu Vaccine Clinic 2026](#)



Enjoy Those Fall Mums!!

Each year, many of you look forward to the “Hospital Mums”. The tradition continued this year with Becky Greiber coordinating the event. And it seems that every year, the mum sale lands on it’s feet in spite of challenges. This year was unique in that the extensive road construction played a significant role. But due to the loyalty and perseverance of partners and our community members, we were able to sell 437 mum plants.

Now that you have your mums home, how do you keep them happy? It’s important to understand these plants as they can easily be considered a diva in the plant world. They demand your attention and if they don’t get it, you will find them drooping and pouting. A good dose of water will quickly turn them around. They have a hearty appetite and regular fertilizing will add to their well being. Mums love Miracle-Gro!

Do you know there are different varieties of mums? Some mums are annual mums. Others, such as the ones sold by Partners of Stoughton Hospital are hardy mums, sometimes called field mums and are considered perennials. This makes for a nicer, stronger plant and when planted in the ground will come up again next spring. Plant the mum in the ground as early as possible to allow time for it to take root. After the first frost, leave the dead growth in place. Cover the whole plant with 3-4 inches of good mulch. In the spring, wait until tiny green sprouts begin. Then cut away the previous year’s growth.

Thank you to everyone who contributed to the success of the Partners of Stoughton Hospital Annual Mum Sale!



Partners **Lou McHugh**, Chair **Becky Greiber**, **Philayne Chose** and **Eileen Nelson** assisted with mum pick up at the Wellness Center.

Co-pilot, **Sandra Maerz** found a way to add “just one more mum” to the delivery route.





Reminder: It's time to pay our annual \$10 dues. You can pay by cash, check or card at the annual meeting on October 23 or to pay online using a credit card, go to

<https://stoughtonhealth.com/partners-of-stoughton-hospital/join-partners-of-stoughton-hospital/>

For cash or check payments, (please write your check to Partners of Stoughton Hospital) place it in an envelope with your name and the word "DUES" on the front and leave it in the hospital gift shop or it can be mailed to: *Partners of Stoughton Hospital – DUES, 900 Ridge St., Stoughton WI 53589.*



Euchre and Bridge players in the community are in luck as another community card party is being planned for October 15 at Christ Lutheran Church on County Road B. This Fall's event is again being coordinated by a committee led by Lori Moe Kittelson and Steve Kittelson. There will be a light lunch, goodies, drawings and so much fun! And all this for just a mere \$12.00 at the door.

As with all our events, we need partner support. We are asking partners to donate items that can be used for prizes. Anything will be appreciated! In the past we have received household items, handmade items, plants, gift cards and items from our own gift shop. Place your item in a gift bag and drop it off in the gift shop before October 15 or bring it to the church on the day of the party.

Supporting Stoughton Health

After weeks of planning, collecting, cleaning, storing, hauling and coordinating, the lobby of Stoughton Hospital North Building was bursting with activity on Wednesday, September 9, as the used purse, book, games, puzzles and freshly baked cookies sale became the event of the season. Our appreciation goes out to the Partners purse committee, to the book/games/puzzles committee, to the cookie bakers, to the gift shop volunteers, to everyone who donated, and especially to everyone who came to purchase. The pieces came together and the day was a huge success!!

Committee Members: Deb Ready, Jeanne Gilbertson, Jan Walker, Vicky Goplen, Bonnie Anderson, Helen Karberg, Brenda Klitzke



Chairs: Deb Ready, Vicky Goplen

...And The Shoppers Came!



Partners Mary Haley and Fran Burns were “baking up a storm.”

Stoughton Hospital Celebrates 10 Years as a Dementia Friendly Hospital



Stoughton Hospital is celebrating 10 years as a Dementia Friendly Hospital, marking a decade of commitment to providing compassionate, personalized care for individuals living with dementia and their families. Since becoming a Dementia Friendly Hospital in 2016, Stoughton

Hospital has enhanced staff education, strengthened patient-centered care practices, and created a supportive environment focused on the unique needs of patients affected by dementia. Looking ahead, Stoughton Hospital is partnering with the University of Wisconsin on a pilot program designed to enhance support for care partners as they help loved ones navigate the dementia journey. For more information about dementia resources and services available through Stoughton Hospital, visit StoughtonHealth.com.



Stoughton Hospital has been named the People's Choice Winner!

In addition, our rehab and medical imaging services were recognized as People's Choice Favorites

More Parking Needed



Due to the need for additional parking, plans for the construction of a parking structure on the east side of Stoughton Health have begun. This is yet another improvement to Stoughton Health.



Oct. 6 - Stoughton Memory Café, 9:30 AM - 11:00 AM
 Oct. 6 - Safe@Home (Stoughton), 3:45 PM - 5:15 PM
 Oct. 7 - Monthly Board Meeting, CHWC
 Oct. 12 - Parkinson's Support Group, 12:15 PM - 1:15 PM
 Oct. 14 - Active With Healthy Ankles: Managing Pain, Arthritis and More, 5:30 PM - 6:30 PM
 Oct. 14 - Cookie Bake, South Building
 Oct. 15 - Card Party, Christ Lutheran Church, 12:00 pm
 Oct. 16 - Blood Drive, 8:00 AM - 1:00 PM

Oct. 23 - Partners Annual Meeting, Flu Shots and Registration at 9:00 am. Meeting begins at 10:00 AM, Bryant Center

Nov. 4 - Monthly Board Meeting, CHWC
 Nov. 11 - Cookie Bake, North Building
 Dec. 2 - Monthly Board Meeting, CHWC
 Dec. 3 - Love Light Ceremony, 4:30 PM, Bryant Center
 Dec. 8 - Holiday Bake Sale
 Dec. 9 - Cookie Bake, South Building
 Dec. 16 - Community BINGO party – Senior Center, 1:00 pm